

# The Extraordinary Jubilee Year of Mercy Plenary Indulgence

“To experience and obtain the Indulgence, the faithful are called to make a brief pilgrimage to the Holy Door, open in every Cathedral or in the churches designated by the Diocesan Bishop . . . as a sign of the deep desire for true conversion. It is important that this moment be linked, first and foremost, to the Sacrament of Reconciliation and to the celebration of the Holy Eucharist with a reflection on mercy.” - Pope Francis



The Jubilee Year of Mercy offers a very special plenary indulgence (the complete remission of all temporal punishment due to sin).

In the extraordinary Jubilee Year of Mercy, a Holy Door is to be opened in every cathedral around the world, as well as in particular shrines churches that have been designated as pilgrimage sites for the Year of Mercy, such as Holy Angels.

## Here are the conditions for receiving a Jubilee Year of Mercy plenary indulgence:

- *Perform the indulgenced act - in other words, pass through a designated Holy Door during the extraordinary Jubilee Year of Mercy or perform one of the corporal or spiritual works of mercy.*
- *It is necessary that the faithful be in the state of grace, at least at the time the indulgenced work is completed*
- *A plenary indulgence can be gained only once a day.*
- *In order to obtain the indulgence, the faithful must:*
  - *make a good sacramental confession*
  - *have the interior disposition of complete detachment from sin, even venial sin*
  - *receive the Holy Eucharist (it is certainly better to receive it while participating in Holy Mass)*
  - *pray for the intentions of the Supreme Pontiff (The choice of these prayers are left to the choice of the faithful, but an Our Father and a Hail Mary are suggested. )*
  - *You may receive the plenary indulgence yourself, or offer it for a person in purgatory.*

It is appropriate, but not necessary, that the sacramental Confession, and especially Holy Communion and the prayer for the Pope's intentions take place on the same day that the indulgenced work is performed; but it is sufficient that these sacred rites and prayers be carried out *within several days (about 20) before or after the indulgenced act.*

One sacramental Confession suffices for several plenary indulgences, but a separate Holy Communion and a separate prayer for the Holy Father's intentions are required for each plenary indulgence.

Indulgences can always be applied either to oneself or to the souls of the deceased, but they cannot be applied to other persons living on earth.

*– Adapted from the decree on the plenary indulgence for the 2000 Jubilee Year.*

### The Corporal Works of Mercy

Feed the hungry.  
Give drink to the thirsty.  
Clothe the naked.  
Shelter the homeless.  
Visit the sick.  
Visit the imprisoned.  
Bury the dead.

### The Spiritual Works of Mercy

Admonish the sinner.  
Instruct the ignorant.  
Counsel the doubtful.  
Comfort the sorrowful.  
Bear wrongs patiently.  
Forgive all injuries.  
Pray for the living and the dead.